

בְּשֵׁרְיָנוּ יֵשׁוּעַ

JESUS, OUR BETTER REST



HEBREWS 3:14-4:11

¹⁴ For we have come to **share in Christ**, if indeed we **hold our original confidence** firm to the end. ¹⁵ As it is said, “Today, if you hear his voice, do not harden your hearts as in the rebellion.” ¹⁶ For who were those who **HEARD** and yet **REBELLED?**

HEBREWS 3:14-4:11

Was it not all those who left Egypt led by Moses? ¹⁷ And with whom was he PROVOKED for forty years? Was it not with those who SINNED, whose **BODIES FELL IN THE WILDERNESS?**

HEBREWS 3:14-4:11

¹⁸ And to whom did he swear that they would not enter his rest, but to those **WHO WERE DISOBEDIENT**? So we see that they were unable to enter because of **UNBELIEF**.

NUMBERS 11:5-6

⁵ We remember the fish we ate in Egypt that cost nothing, the cucumbers, the melons, the leeks, the onions, and the garlic. ⁶ But now our strength is dried up, and there is nothing at all but this manna to look at.”

HEBREWS 3:14-4:11

¹ Therefore, while the promise of entering his rest **STILL STANDS**, let us **fear** lest any of you should seem to have failed to reach it. ² For **GOOD NEWS** came to us just as to them, but the message they heard did not benefit them,

HEBREWS 3:14-4:11

because they were **NOT UNITED BY FAITH WITH THOSE WHO LISTENED.**

³ For we who have believed **ENTER THAT REST**, as he has said, “*As I swore in my wrath, ‘They shall not enter my rest,’*” although his works were finished from the foundation of the world.

HEBREWS 3:14-4:11

⁴ For he has somewhere spoken of the seventh day in this way: *“And God rested on the seventh day from all his works.”* ⁵ And again in this passage he said, *“They shall not enter my rest.”* ⁶
Since therefore it remains for some to enter it, and those who formerly

HEBREWS 3:14-4:11

RECEIVED THE GOOD NEWS FAILED TO ENTER because of **disobedience**,
⁷ again he appoints a certain day, “TODAY,” saying through David so long afterward, in the words already quoted, “TODAY, if you hear his voice, do not harden your hearts.”

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⁸ For if Joshua had given them rest, God would not have spoken of another day later on. ⁹ So then, **there remains a Sabbath rest for the people of God,** ¹⁰ for whoever has entered God's rest has also **RESTED FROM HIS WORKS** as God did from his.

HEBREWS 3:14-4:11

¹¹ Let us therefore strive to enter that rest, so that no one may fall by the same sort of disobedience.

How do we enter His rest?

- Faith
- Sober obedience
- Diligence

1. Faith

HEBREWS 4:2

² FOR GOOD NEWS came to us
[THE GOSPEL WAS PREACHED
TO US] just as to them, but the
message they heard DID NOT
BENEFIT THEM, because they
were NOT UNITED BY FAITH
[DID NOT MIX IT WITH FAITH]

2. Soberness & Obedience

HEBREWS 4:1

¹ Therefore, while the promise of entering his rest still stands, **LET US FEAR** lest any of you should seem to have failed to reach it.

HEBREWS 4:6-7

⁶ Since therefore it remains for some to enter it, and those who formerly **RECEIVED THE GOOD NEWS FAILED TO ENTER** because of **disobedience**, ⁷ again he appoints a certain day, **TODAY,** saying through David so long afterward, in the words already quoted, **TODAY, if you hear his voice, do not harden your hearts.**

3. Diligence

HEBREWS 4:10-11

¹⁰ for whoever has entered God's rest has also RESTED FROM HIS WORKS as God did from his. ¹¹ Let us therefore STRIVE (BE DILIGENT BE ZEALOUS), TO ENTER THAT REST, so that no one may fall by the same sort of disobedience.

3. DILIGENCE

We cease from
dead works, not
all works.

JOHN 6:28-29

²⁸ Then they said to Him, “What shall we do, **that we may work the works of God?**” ²⁹ Jesus answered and said to them, “**This is the work of God, that you believe in Him whom He sent.**”

3. DILIGENCE

The paradox of
striving for rest.

1 CORINTHIANS 15:10

¹⁰ But by the **grace of God** I am what I am, and his grace toward me was **not in vain**. On the contrary, I **worked harder** than any of them, though **it was not I**, but the **grace of God** that is with me.

4. What does true rest look like?

4. WHAT DOES TRUE REST LOOK LIKE?

Provision.

4. WHAT DOES TRUE REST LOOK LIKE?

Abundance.

יִשְׁחָא 5:6

⁶ For the people of Israel walked **forty years in the wilderness**, until all the nation, the men of war who came out of Egypt, perished, because they **did not obey the voice** of the Lord;

JOSHUA 5:6

the Lord swore to them that he would not let them see the land that the Lord had sworn to their fathers to give to us, **a land flowing with milk and honey.**

Delight, joy,
pleasure –
a land filled with
milk & honey.

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