



# PSALMS

a summer of songs



REVEL / PROCLAIM / DEMONSTRATE / PARTICIPATE



**Psalm 40:1-13**

**I was patient while I waited for the Lord.**

**He turned to me and heard my cry for help.**

**I was sliding down into the pit of death, and He pulled me out.**

**He brought me up out of the mud and mire.**

**He set my feet on a rock.**



**Psalm 40:1-13**

**He gave me a firm place to stand.**

**He gave me a new song to sing.**

**It is a hymn of praise to our God.**

**Many people will see and will fear the Lord.**

**They will put their trust in Him.**

**Blessed is the person who trusts in the Lord.**



**Psalm 40:1-13**

**They don't trust in proud people.**

**The proud who worship idols.**

**Lord my God, no one can compare with you.**

**You have done many wonderful things.**

**You have planned to do these things for us.**



**Psalm 40:1-13**

**There are too many of them**

**for me to talk completely about.**

**You didn't want sacrifices and offerings.**

**You didn't require burnt offerings and sin offerings.**



**Psalm 40:1-13**

**You opened my ears so that I could hear you  
and obey you.**

**Then I said, "Here I am.**

**It is written about me in the book.**

**My God, I have come to do what you want.**

**Your law is in my heart."**



**Psalm 40:1-13**

**I have proclaimed to the whole community of  
those who worship you.**

**I have told them what you have  
done to save me.**

**Lord, you know that I haven't kept quiet.**

**I haven't kept to myself that what you did for me.**



**Psalm 40:1-13**

**I haven't hidden your love and your faithfulness  
from the whole community.**

**Lord, don't hold back your mercy from me.**

**May your love and faithfulness always keep me  
safe. There are more troubles all around me  
than I can count.**



**Psalm 40:1-13**

**My sins have caught up with me, and I can't see  
any longer.**

**My sins are more than the hairs of my head.**

**I have lost all hope.**

**Lord, please save me.**

**Lord, come quickly to help me.**



**Psalm 40:16-17**

**But let all those who seek you be joyful and glad  
because of what you have done.**

**Let those who count on you to save them always  
say,**

**“The Lord is great!”**

**But I am poor and needy.**




**Psalm 40:16-17**

**May the Lord be concerned about me.**

**You are the God who helps me and saves me.**

**You are my God, so don't wait any longer.**





How does one **encounter God in a way that causes them to proclaim His love and faithfulness** to people within and outside the body of Christ?

What is it that either **scares, stifles or distracts** believers of Jesus from participating in **His great commission of proclaiming the Good News?**





# Never Stop Singing

Psalm 40 and Proclamation



# ROAD MAP

1. **Saved lives sing praise.**
2. **What makes our vocal cords cold and quiet?**
3. **How to warm up your vocal cords.**
4. **The key to effective proclamation.**



A photograph of Brad Pitt in a gym setting, shirtless and smoking a cigarette. He is surrounded by other people, some of whom are also shirtless. The image is used as a meme background.

**The first rule of Crossfit is: You always talk about Crossfit.**

**The second rule of Crossfit is: You ALWAYS talk about Crossfit.**



Individuals who have been transformed  
**long to speak of their transformation.**

Altered people love to build altars  
**that speak of what has led to their  
alteration.**



A close-up, low-angle shot of a hand reaching out from the left side of the frame. The hand is open, palm facing forward, and is set against a dark, textured background. The lighting is dramatic, highlighting the contours of the hand and fingers. The overall mood is one of offering or reaching out.

**Saved lives sing  
praise.**

**Why?  
Where?  
How?**



## **Psalm 40:1-2**

**1 I was patient while I waited for the Lord. He turned to me and heard my cry for help.**

**2 I was sliding down into the pit of death, and He pulled me out. He brought me up out of the mud and mire. He set my feet on a rock. He gave me a firm place to stand ...**



**Psalm 40:5**

**5 Lord my God, no one can compare with You.**

**You have done many wonderful things. You have planned to do these things for us. There are too many of them for me to speak completely about.**





## **C.H. SPURGEON**

**“Creation, providence, and redemption, teem with wonders as the sea with life. Our special attention is called by this passage to the marvels which cluster around the cross and flash from it. The accomplished redemption achieves many ends, and compasses a variety of designs; the outgoings of the atonement ...**





## **C.H. SPURGEON**

**are too numerous to conceive, the influences of the cross reach further than the beams of the sun. Wonders of grace beyond all enumeration take their rise from the cross; adoption, pardon, justification, and a long chain of godlike miracles of love proceed from it."**



# 1B. Where do we proclaim?

1. **In the great assembly of believers v.9/10**
2. **In the presence of people yet to believe in Jesus. v.3b / Psalm 51:12,13**



## **Psalm 40:9-10**

**I have proclaimed to the whole community of those who worship you. I have told them what you have done to save me. Lord, you know that I haven't kept quiet. I haven't kept to myself that what you did for me. I have spoken about how faithful you were when you saved me. I haven't hidden your love and your faithfulness from the whole community.**



## **Psalm 40:3**

**He gave me a new song to sing. It is a hymn of praise to our God. Many people will see and will fear the Lord. They will put their trust in Him.**



## **Psalm 51:12-13**

**Restore to me the joy of Your salvation and grant me a willing spirit, to sustain me. Then I will teach transgressors Your ways, so that sinners will turn back to You.**



# 1C. How do we proclaim?

## Practical Pointers

- **Porterbrook**
- **Leading through weakness**





# 2

**What makes our  
vocal cords cold  
and quiet?**

- a. Fear of man**
- b. Shame**
- c. Worldly distractions**



## **1 Timothy 6:6-12**

**"But godliness actually is a means of great gain when accompanied by contentment. For we have brought nothing into the world, so we cannot take anything out of it either. If we have food and covering, with these we shall be content. But those who want to get rich fall into temptation and a snare and many foolish and harmful desires which plunge men into ruin and destruction.**



## **1 Timothy 6:6-12**

**For the love of money is a root of all sorts of evil, and some by longing for it have wandered away from the faith and pierced themselves with many griefs. But flee from these things, you man of God, and pursue righteousness, godliness, faith, love, perseverance and gentleness. Fight the good fight of faith; take hold of the eternal life to which you were called."**





# How to warm up your vocal cords.





4

**The key to effective  
proclamation.**